

## BRENTWOOD

The Essex Nuffield Hospital  
Shenfield Road  
Brentwood  
Essex  
CM15 8EH

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[www.nuffieldproactivehealth.com](http://www.nuffieldproactivehealth.com)

## DIRECTIONS

### By Car

#### From M25

Leave at junction 28, following the signpost to Brentwood. After approximately 2 miles you will reach Brentwood High Street. Drive through the High Street, straight on at the two mini roundabouts at the end of High Street and onto Shenfield Road. The hospital is approximately 300 meters further on the right hand side.

#### From from A12

If coming along the A12 from Chelmsford, leave dual carriageway at exit signposted Brentwood. Following signs to Brentwood, the hospital is approximately 2 miles on the left hand side. If coming along the A12 from Romford, leave dual carriageway at exit signposted Brentwood. After approximately 2 miles you will reach Brentwood High Street. Drive through the High Street, straight on at the two mini roundabouts at the end of High Street and onto Shenfield Road. The hospital is approximately 300 meters further on the right hand side.

#### From A127(A128)

Leave dual carriageway at exit signposted Brentwood (A128). Follow this road for approximately 4 miles until you reach two mini roundabouts at the top of Brentwood High Street. Turn right at the first mini roundabout and go straight across at the second roundabout onto Shenfield Road. The hospital is approximately 300 meters further on the right hand side.

#### By Rail

The hospital is situated an equal distance between Shenfield and Brentwood stations. There is a taxi rank outside each station.

