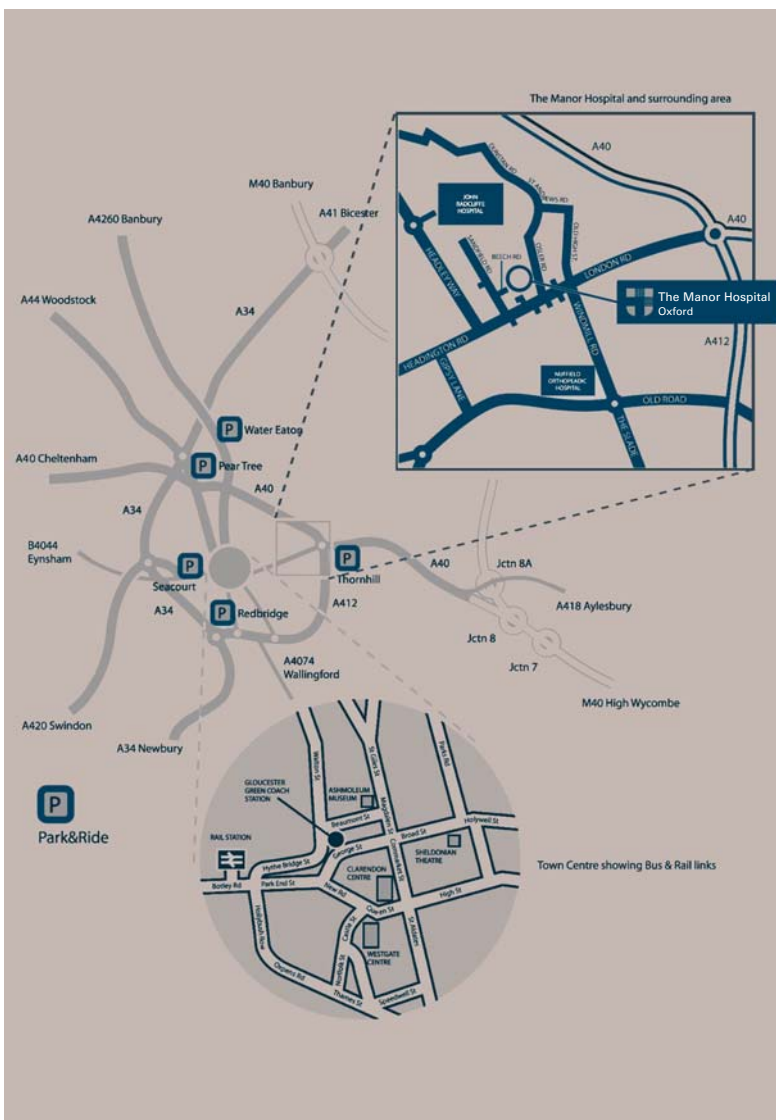


OXFORD

The Manor Hospital
Beech Road
Headington
Oxford
OX3 7RP

Telephone: 01865 307777
Facsimile: 01865 307788
www.nuffieldproactivehealth.com

DIRECTIONS



By Car

From M40 Southbound

Depart M40 junction 9. At the roundabout follow signs for A34 Oxford. Continue along A34 (south) for about 6 miles. Leave A34 at Peartree interchange and follow signs for Oxford and Ring Road (A40). After 4 miles take the exit marked City Centre, Headington Hospitals off the Headington Roundabout onto A420 (London Rd) and proceed through Headington until you see a petrol station on your right hand side. Take the 2nd right after petrol station on to Sandfield Rd. Take the first right on to Beech Rd and the hospital is at the end of the road.

From M40 Northbound

Depart M40 junction 8 and follow signs A40/ A418 Oxford/Cheltenham. Continue along the A40. At the roundabout (Headington Roundabout) take the exit marked City Centre, Headington Hospitals onto the A420 (London Rd). Follow directions as above.

Leaving the hospital

On exiting the underground car park turn right into Osler Rd and then turn left onto A420 (London Rd).

Park and ride

Oxford also has 5 Park and Ride sites around the ring road. The nearest and most convenient for the hospital is Thornhill, which is easily accessible if coming from the M40 junction 8 and A40 and is clearly signposted. If coming from M40 junction 9, follow the directions above, except when you reach the Headington roundabout, take 2nd exit and follow signs for Thornhill Park and Ride. The Park and Ride service runs at peak times Monday to Saturday and every 30 minutes at other times. The nearest stop to the hospital is on the London Rd and there is a footpath (service entrance) from London Rd to The Manor Hospital alongside the petrol station. At the end of the footpath turn left and follow the footpath around to the front of the building to the entrance.

By Bus

There are frequent and reliable bus services from the outskirts of Oxford to the City Centre, as well as services from the City Centre to Headington. The nearest stop to the hospital is on London Rd. For advice on planning your route contact The Oxford Bus Company on 01865 785400, www.oxfordbus.co.uk or Stagecoach on 01865 772250, www.stagecoach-oxford.co.uk

By Rail

Rail users may travel to Oxford Station (10 minutes by taxi), which is a main line station with regular service connections to all parts of the UK.