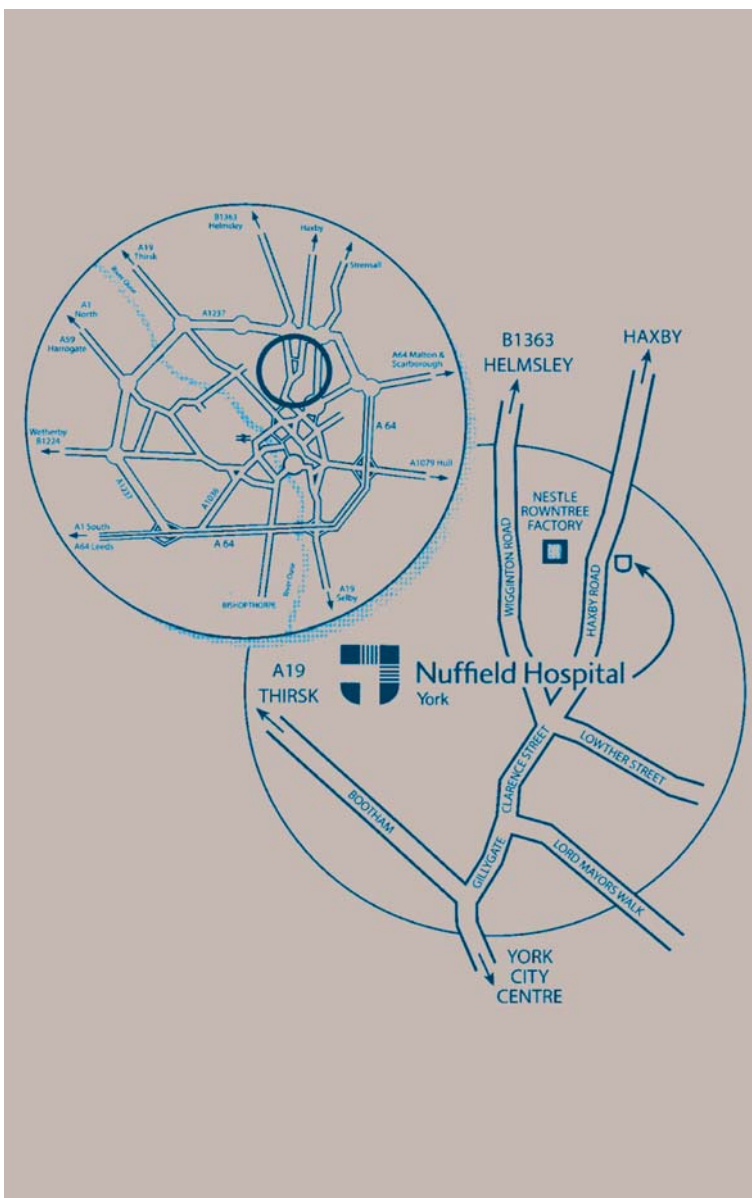


YORK

The Nuffield Hospital York
Haxby Road
York
YO31 8TA

Telephone: 0190 471 5000
Facsimile: 0190 471 5299
www.nuffieldproactivehealth.com

DIRECTIONS



By Car

From the West via A64 (avoiding York City Centre)

Travel East on the A64.* Take the A1237 (York, North & Thirsk). Continue along this road passing the Clifton Moor site on your right and proceed straight across the next roundabout (intersecting the B1363). At the following roundabout signposted to New Earswick, take the exit to the right** and follow Haxby Road through New Earswick towards the city centre. The Nestle factory site will be on your right side. Proceed straight across the roundabout at the junction with Haleys Terrace and the Nuffield Hospital York will be on your left side.

From the North

At the junction of the A19 with the A1237 (outer ring road) turn left and follow directions marked above.*

From the East

(Scarborough, Bridlington and Hull)

Follow the A1237 (outer ring road) signposted to Thirsk. At the roundabout signposted to New Earswick take the left exit and follow the directions marked above.**

From Selby via the A19

Access the A64 East towards Scarborough and at the junction with the A1237 follow signs for Thirsk. At the roundabout signposted to New Earswick take the left exit and follow directions marked above.**

From York Station and City Centre

Follow signs for York Minster. Cross the River Ouse via Lendal Bridge onto Museum Street. At the traffic lights turn left into St Leonard's Place then take the right hand lane through the traffic lights into Gillygate. At the next set of traffic lights take the left hand lane and proceed along Clarence Street and at the end of the road, at the following set of lights take a right turn onto Haxby Road. Proceed along Haxby Road. The Nuffield Hospital York is on the right hand site opposite the Nestle building.

It is a 1.5 mile walk from the station to the hospital. Taxis are available from York Railway Station and there are regular bus services from the station and from Exhibition Square, which travel along Haxby Road. There is a bus stop situated outside the hospital. There is limited car parking available outside the hospital.